

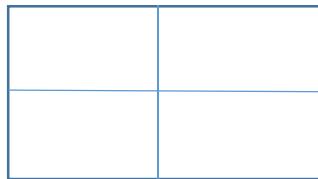


## PREDICTION COLLAGE

Optional Activity from Session # 3 (20 min)

### Directions for Prediction Collage

1. Assign students to work in teams of 3-5 students.
2. Give each team a flipchart page and tell them to divide it in to four quadrants. In each quadrant write the name of the stage: Honeymoon, Reverse Culture Shock, Recovery, and Adjustment. Show them an example.



3. Pass out a copy of the Re-Entry stages to each team for their reference.
4. Tell the students that have 15 minutes to have a discussion and create a collage.
5. Instruct them to talk about what each stage means and make a prediction (or imagine) what they might experience during each stage when they are back home.
6. Then, they need to write words or draw pictures or images associated with the stage in each box to represent their prediction.
7. Provide some examples such as:
  - *During the Honeymoon stage, someone might talk about being excited because she will get to see her pet cat, so she could draw a smiley face and a cat.*
  - *Recovery might mean that with the beginning of the next school year, the student is starting to feel comfortable again, and wants to participate in the school clubs that he/she used to be a part of. This could be communicated by a picture of book.*
8. Give the students a 5 minute warning so that they can try to finish their work.
9. As the groups complete their work, ask them to share their collages either by holding them up and discussing or by hanging their collages around the room and looking at the work their peers have done. Let students walk around and read each other's comments and look at the different images representing the stages.
10. After the students have had a few minutes to share, use the following questions or develop your own to have a brief discussion about their predictions and the Re-Entry stages.
  - When looking around at all the collages, what kinds of similarities did you see? What kinds of differences?
  - Are there any common fears about the Re-Entry stages?
  - What are people excited about when they think about going home?

## **THE STAGES OF RE-ENTRY FOR PREDICTION COLLAGE ACTIVITY:**

### **Phase 1 - The Honeymoon**

*Similar to when you first arrived in America, upon return to your home country you may experience a “honeymoon” phase characterized primarily by positive feelings and excitement about being back home; seeing friends and family, sleeping in your own bed, eating your favorite foods, etc. You may even have a heightened sense of awareness of your surroundings, almost as if you are seeing things for the first time, in slow motion, or watching a movie. This temporary shift in perspective may also cause you to be surprised by things that were once so familiar to you; the room where you sleep, the corner market, the smell of the air, the traffic, or lack thereof, in the streets, etc.*

### **Phase 2 - Reverse Culture Shock**

*In this stage the “honeymoon” is over and you experience a let-down. You may feel frustrated, alone, and/or like an outsider or a foreigner in your own country. You may also find yourself irritated with others for no apparent reason and frustrated at not being able to express yourself in your language as well as you would like. You probably feel “homesick” for America, disoriented and maybe even resentful about the fact that you are back home. Your home country will be different from how you remembered it. You may also find that many of your friends and family members have lost interest in hearing about your time overseas and you will really feel the need to connect with others who can relate to what you are going through.*

### **Phase 3 - Recovery**

*This stage is characterized by a gradual re-adjustment to life at home. Less and less about life “back home” surprises, angers or frustrates you. Any self-imposed isolation subsides and you can more easily express yourself in your native language. You begin to fall into familiar or new routines which provide rhythm to your daily life.*

### **Phase 4 - Adjustment**

*At this point you will have found your place, so to speak, back home. You will have established or reestablished relationships with a circle of people with whom you feel comfortable and have a more balanced perspective on both life in your home country and in America. You may find that your behaviors, beliefs, attitudes and values have shifted a little or a lot as a result of your cross-cultural encounter. We also hope at this stage you will recognize the many ways in which you have grown as a result of your experience and actively seek out ways to use the knowledge, skills and attitudes that you gained in the process.*